How to Complete Online Training Sessions in AYSOU

1. Go to www.AYSOU.org. NOTE: If you are on our website at www.ayso498.org, you can also click AYSOU in the grey bar

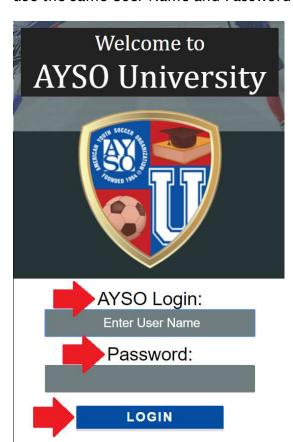


2. In the upper right corner, click Login





3. Enter your **User Name** and **Password**, then click **LOGIN**. (The User Name and Password for AYSOU is the same User Name and Password you created when signing up an account on our website at **www.ayso498.org**. NOTE: You must create an account on our website at www.ayso498.org before you can login to AYSOU. Our website (Blue Sombrero) and AYSOU are not the same website. They are two separate entities. However, our website (Blue Sombrero) will share your login credentials with AYSOU automatically so that you are able to use the same User Name and Password for both our website and AYSOU)



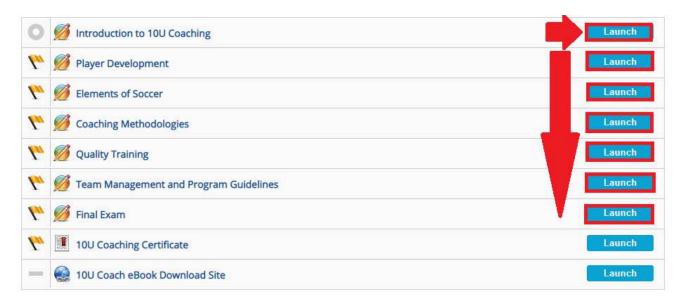
4. Click Online Courses



5. Scroll to the online training session of your choice, then click **Open**



6. Complete each section of the online training course in descending order starting at the top by clicking **Launch**



- 7. After completing the **Final Exam**, you will complete the online training session (NOTE: Each section, including the Final Exam, must be complete, or you will receive an "incomplete" for the online training session)s
- 8. Click Launch for your Certificate, print and retain a copy for your records



AYSO Online Training

9. Your completed online training session should appear under your account on our website (www.ayso498.org) within 48 hours. If it does not appear, send a copy of your completion certificate to the **Coach Instructor** at **coachinstructor@ayso498.org**